



Track & Field Coaches,

Our *Life in the Fast Lane Invitational* is on **Saturday February 6 at 10 am** and will have the following teams competing.

Byron Nelson girls, Denton Guyer girls, Grand Prairie, Saginaw, WF Hirschi girls and Eaton girls + distance boys

Meet Information

- 1) Your athletes will be assigned a bib to wear the entire meet and they will be scanned in at the starting line. Check to make sure their name is on it.
- 2) Due to UIL regulations, we will only allow 3 athletes per school in each event. We are adding events so that more kids may compete. However, we won't score every event.
- 3) Enter your fastest 3 kids in the standard UIL events.
- 4) Relays will be issued a baton with a chip in them and you will get race splits. (Please return them at the conclusion of the race.)
- 5) Results will be on **ntxtiming.com** during the meet.
- 6) You can pick up your awards in the press box at the conclusion of the meet.
- 7) We will have lunch for your coaches and a concession stand for your athletes.
- 8) Entries are due at 1pm on Friday so we can prepare the bibs for each team.
- 9) Entry fees are \$150 per division or \$300 total.
- 10) Masks must be worn unless the athlete is competing.
- 11) We will have a designated warm-up area and only allow the next event competitors to be there in order to keep large numbers of athletes from being together.

Event Schedule (Girls/Boys): **Bolded events are scored.**

9:30am Packet Pick-Up

10am Races Begin

60m – Not Scored

100m

100 yard dash – Not Scored

100H/110H

4x800m

400m

300m – Not Scored

300H

200m

200 yard dash – Not Scored

150m dash – Not Scored

V.R. Eaton High School

DMR (1200,400,800,1600)
4x400m

Please email me with any questions you may have.

Thanks,

Greg Swearingen

Head Girls Track and Field Coach

Greg.swearingen@nisdtx.org