

Springtown Athletic Department

TRACK AND FIELD

Coaches,

Springtown High School would like to thank your team for running in the 2021 Pojo Relays that will be held on **Thursday and Friday March 25th and 26th**. JV and Varsity Boys will compete on Thursday and JV and Varsity Girls will go on Friday. We will compete in all the standard UIL events; FAT timing will be used. We will run off field events in the morning, after lunch we will have running finals.

We will award medals to the top three in every event, as well as plaques in all three relays. Trophies will also be given to the top team in each division. We are looking forward to hosting your team in what we believe will be a great track meet this year and for years to come.

915 West Hwy. 199
Springtown TX, 76082

Brad Legan
Boys Head Track and Field
Springtown High School

Pojo Relays
Springtown, TX
March 25 and 26, 2021

8:00 am: Scratch Meeting (Home Locker Room, North End of Stadium)

9:00 am: 1st Round Field Events

Long Jump-Varsity
Triple Jump-JV
High Jump-JV
Pole Vault-Varsity
Shot Put-Varsity
Discus-JV

10:30 am: 2nd Round Field Events

Long Jump-JV
Triple Jump-Varsity
High Jump-Varsity
Pole Vault-JV
Shot Put-JV
Discus-Varsity

9:30 am: 3200 Meter Run JV, Varsity

12:30 pm: Running Finals

400 Meter Relay
800 Meter Run
100/110 Meter
Hurdles
100 Meter Dash

10 Minute Break

800 Meter Relay
400 Meter Dash
300 Meter Hurdles

200 Meter Dash

5 Minute Break

1600 Meter Run
1600 Meter Relay

Entries due on Wednesday March 24th by 3 pm. Entries will be done on athletic.net.