

2021 Springtown Middle School Pojo Relays II March 23, 2020

Coaches,

The track staff here at Springtown Middle School would like to thank you in advance for coming to our annual track meet. We are looking forward to hosting you and your team on the eighth of March. Individual ribbons will be handed out for 1st through 3rd place in each event.

Please make sure that your athletes do not bring any sunflower seeds, gum, or peanuts into the stadium. Also, please make sure that all athletes know that all food or drink must remain outside the fenced area. They may eat or drink in the bleachers or in the camp areas off the playing field. The infield should be used for warm-ups only. Coaches, please help us keep parents and athletes off the infield.

Please park all buses in the West parking lot (behind the press box). We will open the North ticket booth and gates for patrons, so we will want all the parking there we can get. We will need to have the buses park up against Holbrook Dr (on the south end of the west parking lot).

It is mandatory that you input all of your athletes on Athletic.net. You must create a Team Account, if you do not have one from last year, and enter your roster of athletes. Then you have to search for our meet (2021 Springtown MS Pojo Relays II) and enter your kids into each event for our meet. The window to enter your athletes opens on Friday, March 12th and closes on Monday March 22nd @ 5:00 pm. Scratch meeting on the day of the track meet will be scratch only.

We look forward to seeing all of you on March 8th and good luck with your season. If you have questions you can email Bradley Bryant at brbryant@springtownisd.us. You can also reach me at (817) 220-3040.

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Schedule of Field Events

All Field Events Start at 4:30

<u>Pole Vault</u> –	8B	7’0”
	7B	6’6”
	8G	6’0”
	7G	6’0”
<u>High Jump</u> -	7B	4’4”
	8B	4’6”
	8G	4’2”
	7G	4’0”
<u>East Pit</u> -	8B Triple Jump	
	7B Triple Jump	
	8G Triple Jump	
	7G Triple Jump	
<u>West Pit</u> -	7G Long Jump	
	8G Long Jump	
	8B Long Jump	
	7B Long Jump	
<u>Shot Put</u> -	8G, 7G, 8B, 7B	
<u>Discus</u> -	7B, 8B, 7G, 8G	

Field Event Workers

East Pit Triple- **Springtown** *Coach Jones / Coach Henson*
West Pit Long- **Springtown** *Coach Adams / Coach Hatton*
Shot Put – **Lake Worth** / *Coach Cooper*
Discus – **Highland** / *Coach Setliff*
High Jump – **Mineral Wells** / *Coach Strickland*
Pole Vault – **Springtown**, *Coach LeFevre*

Schedule of Running Events

Start Time 4:45

2400 M Run: 7G, 8G, 7B, 8B

Start Time 6:30

4 x 100 Relay
800 M Run
100 M Hurdles (30”)
110 M Hurdles (33”) (36”)
100 M Dash
4 x 200 Relay
400 M Dash
300 M Hurdles (30”)
200 M Dash
1600 M Run
4 x 400 Relay

Curve Judges

4 x 100 Relay

Exchange 1 – Lake Worth
Exchange 2 – Highland
Exchange 3 – Springtown

4x 200 Relay

Exchange 1 & 3 – Mineral Wells
Exchange 2 – Springtown

Cut-in

800 – Lake Worth
1600 – Highland
4 x 400 – Mineral Wells