

# 2022 Red Raider Relays

Tuesday, March 1st

HEB Complex @ Central JH

You should have received an email from Milesplit for registering athletes. If not, you can email [carl.hornback@ntxtiming.com](mailto:carl.hornback@ntxtiming.com) for assistance directly. He suggests you go ahead and make sure you can register early so to head off any issues before meet day. Entries are open until 7:00 pm Monday evening, February 28<sup>th</sup>.

There will be no scratch meeting. No entries can be changed after Monday.  
(See email)

\*All schools (coach in charge of a field event) need to pick up the paperwork and clipboard for their assigned field event by **3:55 p.m.**

- Field Events will begin at **4:00** for 8<sup>th</sup> grade, and as soon as possible for 7<sup>th</sup> grade upon all team arrivals.
- The 2400m will begin approximately at **4:30**
- The 4 x 100 will begin approximately at **5:30** (We will try to complete field events before first relay).

## FIELD EVENT ASSIGNMENTS

(Two coaches for each linear event; One coach for each vertical event)

Pole Vault	8B/7B/8G/7G	<b>Haltom</b>
Girls High Jump	8 <sup>th</sup> / 7 <sup>th</sup>	<b>Heritage</b>
Boys High Jump	8 <sup>th</sup> / 7 <sup>th</sup>	<b>Bedford</b>
Girls Long Jump	7 <sup>th</sup> / 8 <sup>th</sup>	<b>Bedford (2 coaches)</b>
Boys Long Jump	7 <sup>th</sup> / 8 <sup>th</sup>	<b>Heritage (2 coaches)</b>
Girls Triple Jump	8 <sup>th</sup> / 7 <sup>th</sup>	<b>Haltom; Hurst</b>
Boys Triple Jump	8 <sup>th</sup> / 7 <sup>th</sup>	<b>Hurst; Haltom</b>
Girls Shot Put	7 <sup>th</sup> / 8 <sup>th</sup>	<b>Haltom; Bedford</b>
Boys Shot Put	7 <sup>th</sup> / 8 <sup>th</sup>	<b>Bedford; Haltom</b>
Girls Discus	8 <sup>th</sup> / 7 <sup>th</sup>	<b>Heritage (2 coaches)</b>
Boys Discus	8 <sup>th</sup> / 7 <sup>th</sup>	<b>Hurst (2 coaches)</b>

**COACHES:** Please bring a tape measure for each event that your school is listed first as judge.

## Opening Heights/Weights

<b><i>Pole Vault</i></b>	<b><i>High Jump</i></b>	<b><i>Hurdles</i></b>	<b><i>Shot/Discus</i></b>
7 <sup>th</sup> Girls    5' 6"	7 <sup>th</sup> Girls    3' 8"	Girls – all events – 30"	Girls – 6lb
8 <sup>th</sup> Girls    6' 0"	8 <sup>th</sup> Girls    4' 0"	7 B-110 H - 33"; 300 M – 30"	Boys – 4K
7 <sup>th</sup> Boys    6' 6"	7 <sup>th</sup> Boys    4' 2"	8 B-110 H - 36"; 300 M – 33"	All Discs – 1 K
8 <sup>th</sup> Boys    7' 6"	8 <sup>th</sup> Boys    4' 6"		

## ORDER OF RUNNING EVENTS

Event	Participant Order
2400 M Run	7G-7B-8G-8B*
4 x 100 M Relay	7G-7B-8G-8B
800 M Run	7G-7B-8G-8B*
100 M Hurdles	7G-8G
110 M Hurdles	7B-8B*
100 M Dash	7G-7B-8G-8B
4 x 200 M Relay	7G-7B-8G-8B
400 M Dash	7G-7B-8G-8B
300 M Hurdles	7G-7B-8G-8B
200 M Dash	7G-7B-8G-8B
1600 M Run	7G-7B-8G-8B*
4 x 400 M Relay	7G-7B-8G-8B**

\*Participants will wear hip numbers on these events, only  
 \*\*Anchor leg only will wear hip number

## RUNNING EVENT ASSIGNMENTS

Starter:	Dave Sammons
Starting Clerk:	Paul Calvert/Rodney Black
Finish Line Clerk:	Jeff Rothe
Announcer:	Quincy MacDonald
Scoring:	Coke Gillaspay
Results/Ribbons	Hurst Staff

## Curve Judges/Exchange Assignments

Hurst	400 M Relay – 1 <sup>st</sup> /2 <sup>nd</sup>	800 M Relay - 1 <sup>st</sup> /3 <sup>rd</sup>
Bedford	400 M Relay - 3 <sup>rd</sup>	800 M Relay - 2 <sup>nd</sup> (starting line)