

# 2022 Springtown MS POJO Relays

## Schedule of Field Events

**All Field Events Start at 4:30**

		<u>Opening Height</u>
Pole Vault –	<b>8B</b>	<b>7'0"</b>
	7B	6'6"
	8G	6'0"
	7G	6'0"
High Jump -	7B	4'4"
	8B	4'6"
	8G	4'2"
	7G	4'0"
West Pit - With PV Pit	8B Long Jump	
	7B Long Jump	
	7G Long Jump	
	8G Long Jump	
East Pit -	7G Triple Jump	
	8G Triple Jump	
	8B Triple Jump	
	7B Triple Jump	
<u>Shot Put -</u>	8G	
	7G	
	8B	
	7B	
<u>Discus -</u>	7B	
	8B	
	7G	
	8G	

### ***Field Event Workers***

East Pit Triple- Adams  
West Pit Long- Sivadon  
Shot Put – Cooper  
Discus – Setliff  
High Jump – Strickland  
Pole Vault – Lefevre

## Schedule of Running Events

**Start Time 4:45**

2400 M Run: 7G, 8G, 7B, 8B

**Start Time 6:30**

4 x 100 Relay

800 M Run

100 M Hurdles (30")

Flight 1- Bryant  
Flight 2- Jones  
Flight 3- Hall  
Flight 4- Sivadon  
Flight 5- Adams  
Flight 6- Nelson  
Flight 7-Pustejovsky  
Flight 8- Warlick  
Flight 9- Legan  
Flight 10- Watkins

110 M Hurdles (33") (36")

4 x 200 Relay

400 M Dash

300 M Hurdles (30")

Flight 1- Bryant  
Flight 2- Jones  
Flight 3- Hall  
Flight 4- Sivadon  
Flight 5- Adams  
Flight 6- Nelson  
Flight 7-Pustejovsky  
Flight 8- Warlick

200 M Dash

1600 M Run

4 x 400 Relay

**Curve Judges**

4 x 100 Relay

Exchange 1 – Bryant  
Exchange 2 – Legan  
Exchange 3 – Hulett

4x 200 Relay

Exchange 1 – Bryant/Legan  
Exchange 2 – Adams/Jones

Cut-ins- Adams

800 – Pustejovsky  
1600 – Warlick  
4 x 400 – Phillips