Gates Open: 2:00pm Scratch Meeting: 2:30pm Field House Team Room

Field Events 3:00pm:

-Long & Triple Jump, High Jump, Shot, Disc, and PV

1st Session of Running Events 3:00pm:

3200m- JVG, VG, JVB, VB 100mh - JVG, VG 110mh- JVB, VB

Open 1600m (Not-Scored event Time Own Kids)

2nd Session of Running Events 5:30pm: JVG/VG/JVB/VB

4x100 Relay

800m

100m

Open 100m (Not Scored)

100m Wheelchair

4x200 Relay

400m

400m Wheelchair

300m Hurdles

200m

Open 200m (Not Scored)

1600m

4x400 Relay

All races will be run in the following order: JV Girls, Varsity Girls, JV Boys, and Varsity Boys

Order of Field Events:

Discus: VG-JVG-VB-JVB

Shot Put: VB-JVB-VG-JVG

Triple Jump: VG-JVG-VB-JVB (West pit)

Long Jump: VB-JVB-VG-JVG (East pit)

High Jump: VB-JVB-VG-JVG

Pole Vault: VG-VB-JVG-JVB

Throwing/ Jumping events: 3 throws/jumps in the varsity division, three throws/jumps in the JV divisions (No prelims, No finals).

High Jump, starting heights: JV Girls 4' 4" Varsity Girls 4' 8" JV Boys 5' 2"

Varsity Boys 5' 6" (Subject to Change)

Pole Vault, starting heights: JV Girls 6' 6" Varsity Girls 7' 6" JV Boys 10' 0"

Varsity Boys 11' 0" (Subject to Change)

Feel free to contact me with any concerns or questions.

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