

Tentative Schedule

Thursday, April 28th

Field Events

Rolling Schedule - Throws

1:00pm Shot Put – women, men to follow (1 flight per gender)

Hammer – women, men to follow (1 flight per gender)

Discus – women, men to follow (1 flight per gender)

Javelin – women, men to follow (1 flight per gender)

(4 throws ONLY)

3:00pm Long Jump – women, men to follow (~4.30pm)

4:00pm Pole Vault – men, women to follow (~6:00pm)

6:00pm Triple Jump – women, men to follow (~7:30pm)

6:00pm High Jump – women, men to follow (7:30pm)

Running Events

5:50 PM	National Anthem			
5:55 PM	3000M Steeplechase	Women	Finals	1 Heat
6:10 PM	3000M Steeplechase	Men	Finals	1 Heat
6:15 PM	4x100 Meter Relay	Women	Finals	1 Heat
6:20 PM	4x100 Meter Relay	Men	Finals	1 Heat
6:25 PM	1,500 Meters	Women	Finals	2 Heats
6:40 PM	1,500 Meters	Men	Finals	4 Heats
7:00 PM	100 M Hurdles	Women	Finals	2 Heats
7:10 PM	110 M Hurdles	Men	Finals	2 Heats
7:20 PM	400 M	Women	Finals	3 Heats
7:30 PM	400 M	Men	Finals	5 Heats
7:45 PM	100 M	Women	Finals	5 Heats
8:00 PM	100 M	Men	Finals	5 Heats
8:15 PM	800 M	Women	Finals	3 Heats
8:25 PM	800 M	Men	Finals	3 Heats
8:40 PM	400 M Hurdles	Women	Finals	2 Heats
8:50 PM	400 M Hurdles	Men	Finals	1 Heats
9:00 PM	200 M	Women	Finals	6 Heats
9:20 PM	200 M	Men	Finals	7 Heats
9:40 PM	5,000 Meters	Women	Finals	1 Heat
10:00 PM	5,000 Meters	Men	Finals	1 Heat
10:20 PM	4x400M Relay	Women	Finals	1 Heat
10:25 PM	4x400M Relay	Men	Finals	1 Heat