

2023 ANGELO STATE SPRING BREAK MEET (HIGH SCHOOL)

Meet Information

Site: LeGrand Stadium at 1st Community Credit Union Field
Located on ASU Campus- Corner of Jackson and University Streets

Date: Thursday, March 16

Entry Fee: \$175.00 per team (\$350.00 both genders) or \$25 per athlete...CREDIT CARD PAYMENT (on Direct Athletics) ONLY.

Entry Information: Entries will be done through Direct Athletics at www.directathletics.com. Entries are not limited in total or per event (NO ENTRY LIMITATIONS). Since entries are not limited, and to keep meet manageable, meet management will accept the top 32 entries, per event. Entries will be researched by meet management. Marks from 2021 and 2022 seasons only, will be accepted. Enter personal bests in the speculative mark section and include the meet that the mark was hit in notes section. **Entries close at 12 pm (noon) on Monday, March 13.** Accepted entry list will be online at 12 pm on Tuesday, March 14. Meet management may accept additional marks in some events.

Awards: Medals will be given to event champs and plaques given to team champs.

Scoring: 10, 8, 6, 4, 2, 1 (Relays are double scored)

Check-in: Heat/Flight Sheets and team wristbands will be located at implement weigh-in. Located on north side of track in the "breezeway" between Junnel Center and Shannon Clinic

Weigh-in: Opens from 11AM until 45 minutes prior to event and is located with check-in

Running Events: All running events will be contested as finals.

Field Events: All field events will have 3 preliminary attempts. The top 8 finishers from the prelim round will be ordered worst to best, and given 3 more attempts in a final round.

Information Contacts: Tom Dibbern (Head Coach) tdibbern@angelo.edu
Ross Smithey (Meet Director/Assistant Coach) rsmithey@angelo.edu

PLEASE CONTACT EITHER IF YOU ARE INTERESTED IN ENTERING THE MEET.

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Tentative Schedule (may change based on accepted entries)

FIELD:

11:00AM:

High Jump (boys followed by girls)
Discus Throw (boys followed by girls)
Long Jump (girls followed by boys)
Following Boys Long Jump:
Triple Jump (girls followed by boys)
Shot Put (boys followed by girls)

1:00PM:

Pole Vault (girls followed by boys)

3:00PM:

Javelin Throw (combined)

RUNNING:

12:00PM:

3200m Run (girls followed by boys)

3:00PM: (all events are girls followed by boys, on a rolling schedule)

4 x 100m Relay

800m Run

100m Hurdles (girls)

110m Hurdles (boys)

100m Dash

4 x 200m Relay

400m Dash

300m Hurdles

200m Dash

1600m Run

4 x 400m Relay

WELCOME TO ANGELO STATE UNIVERSITY!!

Please leave infield open for all warm-ups.

Please only take water on to track and turf (no food, tobacco, powerade, cokes, etc.).

Please do not use chalk to mark (only athletic tape).

Hip numbers are located at tent in south endzone.

Medals will be presented as results become official.

Concessions will be available from 12-6.

Bathrooms are located at top of home stands.

Please do not enter the Junnel Center for any reason.

THANK YOU AND GOOD LUCK!!