

TCHS FALCON FAST INVITATIONAL MEET SCHEDULE

Gates Open: 7:00
Scratch Meeting: 7:30am
Field House Team Room

Your team is invited to compete in The Falcon Fast Invitational at Timber Creek HS. The meet is being held on *Feb 18th, 2023 @ Timber Creek Stadium*

- (F.A.T) Timed live.ntxtiming.com
- Only 8 Teams will be competing (FULL TEAMS ONLY Var/JV Boys & Girls)
- Coaches/Meet Workers Hospitality (Field House)
- All entries need to be added on athletic.net by **Thursday** February 16th @10pm
- Entry fee is ***\$500 for full team (JV/VAR boys and girls).***
- Make checks out to: ***Timber Creek High School Track and Field***
 - ATTN: Timothy Thomas & Tony Doran II
 - 12350 Timberland Blvd. Fort Worth, TX 76244
- All teams will be in the eastside stands
- Parking will be on the East of the stadium.
- There will be NO CAMPS in the infield.
- ***Entries:*** (**Please seed your athletes, with PRs from previous year or estimated times so we can seed heats slow to fast. **)

1st Session of Field Events & Running Events 8:30AM:

3200m- JVG, VG, JVB, VB

Open 1600m (None Scored event... Time Own Kids)

All races will be run in the following order: JV Girls, Varsity Girls, JV Boys, and Varsity Boys

Order of Field Events:

Discus: VG-JVG-VB-JVB

Shot Put: VB-JVB-VG-JVG

Triple Jump: VG-JVG-VB-JVB

Long Jump: VB-JVB-VG-JVG

High Jump: VG-VB-JVG-JVB

Pole Vault: VG-VB-JVG-JVB

Throwing/ Jumping events: 3 throws/jumps in the varsity division, three throws/jumps in the JV divisions (No prelims, No finals).

High Jump, starting heights: *JV Girls 4' 4" Varsity Girls 4' 8" JV Boys 5' 2" Varsity Boys 5' 6" (Subject to Change)*

Pole Vault, starting heights: *JV Girls 6' 6" Varsity Girls 7' 6" JV Boys 10' 0" Varsity Boys 11' 0" (Subject to Change)*

2nd Session of Running Events 11:00AM (or when last field event is over) (JVG/VG/JVB/VB)

4x100 Relay

800m

100m Hurdles

110 Hurdles

100m

Open 100m (Not Scored) (Limit 4 per Gender)

4x200 or 4x800???

400m

300m Hurdles

200m

Open 200m (Not Scored) (Limit 4 per Gender)

1600m

4x400 Relay