



# TSU HIGH SCHOOL INVITATIONAL

## FEBRUARY 29, 2024

### TARLETON TRACK | STEPHENVILLE, TEXAS



### TEAM MEET INFORMATION

**Weigh-In:** Will be open until **75 minutes prior to event** and will be located at the equipment shed on the Northeast side of the track.

**Track Event Check-In:** check in will be setup by the West end of the track.

**Field Event Check-In:** check in will be at the respected field event area.

**Team Tents/Camps:** Team tents/camps will be restricted to North Side of the track outside of the straight away. Please make sure to keep your area clean before leaving.

**Warm Ups:** Warm Ups will be allowed on the turf infield of the track, however **NO Team Camps** will be allowed on infield. Please be mindful when entering and exiting track and keep infield clear for those getting ready to compete.

**Running Events:** All running events will be contested as time finals. Competitors will be seeded by entry times.

**Preferred lanes:** Straight Sprint Races 4-5-3-6-2-7-1-8

Oval Sprint Lanes 5-6-4-7-3-8-2-1

Oval Distance Race Random

**Field Event Warm Ups:** Field Event areas will be open to warm ups 30 minutes prior to the start time of the event for Varsity events and 15 minutes for JV events.

**Field Event Entries and Attempts:** Due to limitations with the field events area we will be limiting the entries for the Long and Triple Jump events to 3 athletes per team. The horizontal jumps will only have 4 attempts for every athlete with no finals. Throwing Events will have 3 attempts for prelims with top 9 athletes advancing to the finals and having an additional 3 throws. Pole Vault and Triple Jump will be limited to varsity athletes only.





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## SCHEDULE OF EVENTS

### THURSDAY, FEBRUARY 29<sup>TH</sup>

#### Field Events

**10:00AM**

##### **High Jump**

JV Girls followed by JV Boys, Varsity Girls, Varsity Boys

##### **Long Jump**

JV Girls, followed by JV Boys, Varsity Girls, Varsity Boys

##### **Discus**

JV Girls, followed by Varsity Girls, JV Boys, Varsity Boys

##### **Shot Put**

JV Boys, followed by Varsity Boys, JV Girls, Varsity Girls

##### **Triple Jump- Warm Ups will start at the conclusion of Varsity Boys Long Jump**

Varsity Girls followed by Varsity Boys

**3:00PM**

##### **Pole Vault**

Varsity Girls followed by Varsity Boys

#### Running Events

All Running Events will go by the order of Varsity Girls, Varsity Boys, JV Girls, JV Boys

**11:00AM**

- 3200m

##### **1:30PM (rolling schedule)**

- 4x100m Relay
- 800m
- 100 hurdles (Varsity Girls, JV Girls)
- 110 hurdles (Varsity Boys, JV Boys)
- 100m
- 4x200m Relay
- 400m
- 300 hurdles
- 200m
- 1600m
- 4x400m Relay

